

# 4 WAYS TO MAKE APRONS WITH AN OLD SHIRT!

Aprons are a welcome addition to any art classroom, but they aren't always an affordable one and not everyone feels confident behind the sewing machine. We've compiled some simple ways to make aprons from old shirts that require little to no sewing. So next time you have the urge to purge your closet, hold back a shirt or two and make aprons for your young artists!

## NO SEW METHOD

1. Find an adult sized shirt and lay it out flat on the table.
2. Lay one of the child's t-shirts on top, lining it up at the collar. You will use this as a size guide.
3. Put one pin next to the child's shirt and another about an inch or so away from the first pin, see photo 1.
4. Put the child's shirt aside and cut a straight line following the outside. Cut all the way from top to bottom. Repeat on the other side.
5. Now, cut a straight line following the inside pin but only about 2/3 of the way up. These strips will be your ties to tie on the side, see photo 2.



Photo 1

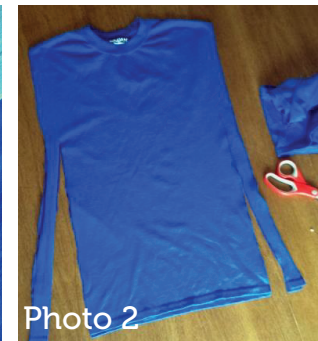


Photo 2

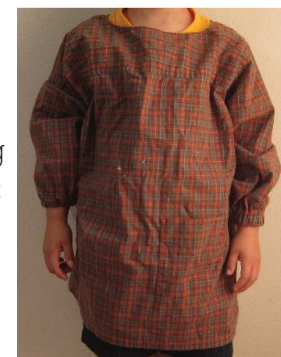
## NO SEW VARIATION

Open the shirt up by cutting a straight line up one side of the shirt (front or back) and then create inch-wide strips to tie the shirt in the back. For comfort you can cut out the collar, too.



## OLD BUTTON DOWN: LIGHT SEWING

1. Take an old button up shirt and lay it flat on the table. Cut the collar and cuffs off.
3. Fold under the material at both the cuffs and collar areas and hem using running stitch. For the sleeves, make the hem a little wider than the elastic and leave a wide enough gap to insert the elastic.
4. Thread elastic through the hemmed cuff/sleeve. Sew the elastic ends together on each sleeve.
5. Wear the smock with the buttons on the back.



## T-SHIRT APRON WITH POCKET WITH LIGHT SEWING

1. Find an adult sized shirt and lay it out flat on the table.
2. Lay one of the child's t-shirts on top, lining it up at the collar. You will use this as a size guide, see photo 3.
3. Lightly trace an inch away around the child's t-shirt with a fabric marker or sharpie. You can make the bottom even longer if you wish. Remove the child's shirt.
4. For the pocket: Use the scrap you just cut from the adult t-shirt OR you can cut it whatever size you wish from another scrap t-shirt. It just needs to be as long as the shirt is wide, see photo 4.
5. Pin the pocket in place and mark where you want the pocket lines to be. Sew your pocket lines first. Do not sew at the sides or the bottom.
6. Turn the shirt inside out. Pin the sides up to the arm hole and sew with a 1/2 inch seam allowance.
7. Hem the bottom to the desired length. Turn right side out, see photo 5. Voila! You have an apron!



Photo 3



Photo 4



Photo 5